



<https://burngreave.foodbank.org.uk/>

Burngreave Foodbank Newsletter

Issue No 1 August 2017

Welcome to the first Burngreave Newsletter

We want to tell you a little bit about how we started...

In 2012, Burngreave Foodbank was set up by the Rock Christian Centre and opened its doors to welcome those from the community, who need help and support with food and information. All this has been done in conjunction with The Trussell Trust.

In the last five years over 5,800 food parcels have been given out.

Sadly the numbers have continued to rise, year on year.



We work with a group of volunteers who regularly give their time and energy to support the clients who use our foodbank. The foodbank relies entirely on food donations from the public to enable us to help those in need.

Looking to the future, we are excited to be planning some Eat Well Spend Less courses soon. These are a 6 week course teaching simple healthy cooking and budgeting skills.

“

There's a deep sense of satisfaction when volunteering at a foodbank collection...

”

Events

We have regular collection slots with our local Tesco store on these dates:

Saturday 16th September

6th and 7th October

If you can help please contact us:

T: [07542 888671](tel:07542888671)

What items do we need?

You can always leave a donation at Tesco's Extra permanent collection point.

Items we currently need are:

Milk powder, UHT milk, tinned fruit and long life fruit juice.

For up to date information on our current needs please see our app

<http://foodbankapp.co.uk/app/shoppingList/foodbank/Burngreave%20Foodbank>



IN OTHER NEWS



Weekly Events run by Rock Christian Centre

Monday: Foodbank, Lighthouse

Tuesday:

Wednesday: Foodbank

Thursday:

Friday: Foodbank

Saturday:

Sunday: 10.30 Service

<http://www.rockchristiancentre.org/>

Watch this space for more information about an Eat Well Spend Less course that we will be starting soon.



Why is Foodbank needed?

Real people

Some client responses about Burngreave Foodbank:

“I’ve had nothing in my house apart from foodbank food and I am so thankful for the help and smiling faces that I have received..”

Another client with very little said “I had no funds and very poor health” and was so grateful to receive the food parcel.

A place to just be...

It’s hard to imagine not having anyone to talk to, but this is the reality for some of our foodbank clients. They can experience isolation and loneliness. A chance to see a friendly face and to chat about their week speaks volumes to them. Someone cares.

Could you give some time?

We always need more volunteers to help with our Tesco Collection Days. If you have couple of hours to spare please do get in touch!

A final word...

Our centre manager, Rachel has a few words to end with:

We would like to say a MASSIVE thank you to all those who have supported us over the years through donations and their time. It is YOUR generosity that has enabled every food parcel to go out over the last 5 years and we are so grateful for your support



Burngreave Foodbank

Rock Christian Centre
177-195 Spital Hill
Sheffield
S4 7LF
Registered Charity No. 1163895
Registered in England & Wales

T: [07542 888671](tel:07542888671)

info@burngreave.foodbank.org.uk

<https://burngreave.foodbank.org.uk/>